


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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January



*** All activities subject to change.**

KEY CODES:

- B- Bus
- CR- Community Room
- CS- Creation Station
- WR- Wellness Room
- DR- Dining Room
- FL- Front Lobby
- GR- Game Room
- PR- Pool Room
- FP- Front Porch
- CY- Courtyard

BREAKFAST 7:00 - 8:30 am

LUNCH 12:00 - 1:00 pm

DINNER 5:00 - 6:00 pm

1 NEW YEARS DAY 1:30 Church of the Advent Episcopal Church -CR Everyone Welcome	2 9:00 Chair Dance- CR 10:00 Rummikub- GR 10:00 Meals on Wheels Napkin Rings- CR 2:00 Quarter Bingo- CR 4:00 Men's Walk Nurse Practitioner Visits	3 9:00 Keep it Moving Exercise- CR 9:30-11:30 Doctor Appts- B 10:00 Men's Coffee & Donuts- DR 10:00 Sisterhood Fellowship- GR 1:30 Stretching Class- CR 2:30 Country Drive- B	4 9:00 Fit & Fun Exercise- CR 10:00 Brain Games- GR 11:00 Catholic Service- CR 2:00 Prize Bingo- CR 3:00 Social Hour-Ryan Collingwood-Elvis - DR	5 9:00 Keep it Moving Exercise- CR 10:00 Publix/Walgreens- B 10:00 Rummikub- GR 10:30 ALZ Caregivers Support Group- CR 1:30 Relax & Breathe- CR 3:00 Games/Chicken Foot- DR	6 8:00 WAKM- Radio Show 9:00 Fit & Fun Exercise- CR 10:00 Rummikub- GR 10:30 Watercolor Therapy- CR 1:30 Bible Study w/ Pat- GR 3:00 Make a Snowman Ice Cream Social- CR	7 10:00 Manipulation- GR 10:00 Chicken Foot- CR 2:00 Quarter Bingo- CR
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8 1:30 Church of Christ - CS Everyone Welcome	9 9:00 Chair Dance- CR 10:00 Rummikub- GR 2:00 Quarter Bingo- CR 4:00 Men's Walk Nurse Practitioner Visits	10 9:00 Keep it Moving Exercise- CR 9:30-11:30 Doctor Appts- B 10:00 Men's Coffee & Donuts- DR 10:00 Sisterhood Fellowship- GR 1:30 Stretching Class- CR 2:30 Country Drive- B	11 9:00 Fit & Fun Exercise- CR 10:00 Brain Fit- GR 11:00 Catholic Service- CR 2:00 Prize Bingo- CR 3:00 Coffee & Conversation- LIB	12 9:00 Keep it Moving Exercise- CR 10:00 Rummikub- GR 10:00 Walmart- B 10:30 Watercolor Therapy- CR 1:30 Relax & Breathe- CR 3:00 Social Hour-Brian Hanson - DR	13 9:00 Fit & Fun Exercise- CR 10:00 Rummikub- GR 10:45 Out to Lunch-Miller's Ale House- B 1:30 Bible Study w/ Pat- GR 3:00 Wine Social- CR	14 10:00 Manipulation- GR 10:00 Chicken Foot- CR 10:00 Earl Nichols piano perf- DR 2:00 Quarter Bingo- CR
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15 1:30 Franklin First Methodist - CR Everyone Welcome	16 MARTIN LUTHER KING JR. DAY 9:00 Chair Dance- CR 10:00 Rummikub- GR 2:00 Quarter Bingo- CR 4:00 Men's Walk Nurse Practitioner Visits	17 9:00 Keep it Moving Exercise- CR 9:30-11:30 Doctor Appts- B 10:00 Men's Coffee & Donuts- DR 10:00 Sisterhood Fellowship- GR 1:30 Stretching Class- CR 2:30 Country Drive- B	18 9:00 Fit & Fun Exercise- CR 10:00 Brain Games- GR 11:00 Catholic Service- CR 2:00 Prize Bingo- CR 3:00 Coffee & Conversation- LIB	19 9:00 Keep it Moving Exercise- CR 10:00 Shop Dollar Tree- B 10:00 Rummikub- GR 10:30 Canvas Paint Class- CR 1:30 Relax & Breathe- CR 3:00 Social Hour-Jim Valdez- DR	20 9:00 Fit & Fun Exercise- CR 10:00 Rummikub- GR 1:30 Bible Study w/ Pat- GR 3:00 Social- Cookies & Cocoa- CR	21 10:00 Manipulation- GR 10:00 Chicken Foot- CR 2:00 Quarter Bingo- CR
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22 1:30 Trinity Baptist Church -CR Everyone Welcome	23 9:00 Chair Dance- CR 10:00 Rummikub- GR 10:30 Judson Baptist Church perf- DR 12:00 Chinese New Year Lunch- DR 2:00 Quarter Bingo- CR 4:00 Men's Walk Nurse Practitioner Visits	24 9:00 Keep it Moving Exercise- CR 9:30-11:30 Doctor Appts- B 10:00 Men's Coffee & Donuts- DR 10:00 Sisterhood Fellowship- GR 1:30 Stretching Class- CR 2:30 Country Drive- B	25 9:00 Fit & Fun Exercise- CR 10:00 Brain Fit- GR 11:00 Catholic Service- CR 2:00 Prize Bingo- CR 3:00 Coffee & Conversation- LIB	26 9:00 Keep it Moving Exercise- CR 10:00 Walmart- B 10:00 Rummikub- GR 10:30 Watercolor Therapy- CR 1:30 Relax & Breathe- CR 3:00 Social Hour-Joey Boone- DR	27 9:00 Fit & Fun Exercise- CR 10:00 Rummikub- GR 10:45 Out to Lunch-O'Charley's- B 1:30 Bible Study w/ Pat- GR 3:00 Birthday Club Social- CR	28 10:00 Manipulation- GR 10:00 Chicken Foot- CR 2:00 Quarter Bingo- CR
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29 1:30 Trinity Baptist Church -CR Everyone Welcome	30 9:00 Chair Dance- CR 10:00 Rummikub- GR 2:00 Quarter Bingo- CR 4:00 Men's Walk Nurse Practitioner Visits	31 9:00 Keep it Moving Exercise- CR 9:30-11:30 Doctor Appts- B 10:00 Men's Coffee & Donuts- DR 10:00 Sisterhood Fellowship- GR 1:30 Stretching Class- CR 2:30 Country Drive- B	<p>HAPPY BIRTHDAY!</p> <p>1/5 Wilma Stagner 1/15 Myrabel Theobald 1/6 Anne Rutherford 1/16 Nelle Freemon 1/13 Faye Cantwell</p>		<p>HAPPY ANNIVERSARY!</p> <p>1/11/1958 Walt & Mary Dennis</p>	
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