

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# SEPTEMBER

**BREAKFAST** 7:00 - 8:30 am  
**LUNCH** 12:00 - 1:00 pm  
**DINNER** 5:00 - 6:00 pm



\* All activities subject to change.

### KEY CODES:

**B-** Bus  
**CR-** Community Room  
**CS-** Creation Station  
**LIB-** Library

**DR-** Dining Room  
**FL-** Front Lobby  
**GR-** Game Room  
**PR-** Pool Room  
**FP-** Front Porch

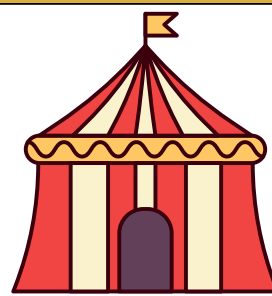
### HAPPY BIRTHDAY!

**9/7** Doris Alexander  
**9/7** Nellie Elder  
**9/9** Barbara Bretz  
**9/10** Marty Stillings

**9/13** Ruth Smith  
**9/19** Sandra Hammer  
**9/22** Caroline Williams  
**9/24** Joan Smith

### HAPPY ANNIVERSARY!

**9/2/1966**  
 Ed & Pat Brewer  
**9/9/1954**  
 Tom & Virginia Stevens



**1**  
 9:00 Keep it Moving Exercise- CR  
 9:30 Jim's Produce- FL  
 10:00 Walmart- B  
 10:00 Rummikub- GR  
 10:30 ALZ Caregivers Support Group- CR  
 3:00 Games- CR

**2** 8:00 WAKM- Radio Show  
 9:00 Fit & Fun Exercise- CR  
 10:00 Rummikub- GR  
 10:30 Watercolor Therapy- CR  
 1:30 Bible Study w/ Pat- GR  
 3:00 Football Frenzy Kickoff Social- CR  
**FOOTBALL FRIDAYS**  
 Wear your team colors or team shirts!

**3**  
 10:00 Manipulation- GR  
 10:00 Chicken Foot- CR  
 2:00 Quarter Bingo- CR

**4**  
 1:30 Church of the Advent Episcopal Church -CR  
 Everyone Welcome

**5** **LABOR DAY**  
 9:00 Chair Dance- CR  
 10:00 Rummikub- GR  
 10:00 Meals on Wheels Napkin Rings- CR  
 2:00 Quarter Bingo- CR



**6**  
 9:00 Keep it Moving Exercise- CR  
 9:30-11:30 Doctor Appts- B  
 10:00 Men's Coffee & Donuts- DR  
 10:00 Sisterhood Fellowship- GR  
 1:30 Stretching Class- CR  
 2:30 Country Drive- B  
 Nurse Practitioner Visits

**7**  
 9:00 Flu/Covid vaccine clinic- CR  
 10:00 Brain Fit- GR  
 11:00 Catholic Service- CR  
 2:00 Prize Bingo- CR  
 3:00 Coffee & Conversation- LIB

**8**  
 9:00 Keep it Moving Exercise- CR  
 10:00 Rummikub- GR  
 10:00 Shop TJ Maxx- B  
 10:30 Watercolor Therapy- CR  
 1:30 Relax & Breathe- CR  
 3:00 Social Hour- Ross Moore- DR

**9** 9:00 Fit & Fun Exercise- CR  
 10:00 Rummikub- GR  
 10:45 Out to Lunch-Miller's Ale House- B  
 1:30 Bible Study w/ Pat- GR  
 3:00 New Resident Social- CR  
**FOOTBALL FRIDAYS**  
 Wear your team colors or team shirts!

**10**  
 10:00 Manipulation- GR  
 10:00 Chicken Foot- CR  
 3:00 Clarence Hibbs Memorial- DR

**11** **PATRIOT DAY**  
 1:30 Church of Christ - CR  
 Everyone Welcome



**12**  
 9:00 Chair Dance- CR  
 10:00 Rummikub- GR  
 10:00 Chicken Foot- CR  
 1:00 Residen Council Meeting- DR  
 2:00 Quarter Bingo- CR

**13** 9:00 Keep it Moving Exercise- CR  
 9:30-11:30 Doctor Appts- B  
 10:00 Men's Coffee & Donuts- DR  
 10:00 Sisterhood Fellowship- GR  
 12:00 Jim Bradley's Retirement Lunch- DR  
 1:30 Stretching Class- CR  
 2:30 Country Drive- B  
 Nurse Practitioner Visits

**14**  
 9:00 Fit & Fun Exercise- CR  
 10:00 Brain Games- GR  
 11:00 Catholic Service- CR  
 2:00 Prize Bingo- CR  
 3:00 Coffee & Conversation- LIB

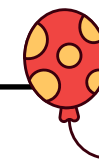


**15**  
 9:00 Keep it Moving Exercise- CR  
 9:30 Jim's Produce- FL  
 10:00 Publix/Walgreens- B  
 10:00 Rummikub- GR  
 3:00 Social Hour- Brian Hanson- DR

**16**  
 9:00 Fit & Fun Exercise- CR  
 10:00 Rummikub- GR  
 10:30 Watercolor Therapy- CR  
 3:00 Wine Social- PR  
**FOOTBALL FRIDAYS**  
 Wear your team colors or team shirts!



**17**  
 10:00 Manipulation- GR  
 10:00 Chicken Foot- CR  
 2:00 Quarter Bingo- CR



**18**  
 1:30 Franklin First Methodist - CR  
 Everyone Welcome



**19**  
 9:00 Chair Dance- CR  
 10:00 Rummikub- GR  
 2:00 Quarter Bingo- CR

**20**  
 9:00 Keep it Moving Exercise- CR  
 9:30-11:30 Doctor Appts- B  
 10:00 Men's Coffee & Donuts- DR  
 10:00 Sisterhood Fellowship- GR  
 1:30 Stretching Class- CR  
 2:30 Country Drive- B  
 Nurse Practitioner Visits

**21**  
 9:00 Fit & Fun Exercise- CR  
 10:00 Brain Fit- GR  
 11:00 Catholic Service- CR  
 2:00 Prize Bingo- CR  
 3:00 Coffee & Conversation- LIB

**22** **FALL EQUINOX**  
 9:00 Keep it Moving Exercise- CR  
 10:00 Rummikub- GR  
 10:00 Walmart- B  
 10:30 Canvas Paint Class- CR  
 1:30 Relax & Breathe- CR  
 3:00 Social Hour-Darren Long - DR

**23**  
 9:00 Fit & Fun Exercise- CR  
 10:00 Rummikub- GR  
 10:45 Out to Lunch-Cheddars- B  
 3:00 Birthday Club Social- CR  
**FOOTBALL FRIDAYS**  
 Wear your team colors or team shirts!

**24**  
 10:00 Manipulation- GR  
 10:00 Chicken Foot- CR  
 2:00 Quarter Bingo- CR



**25**  
 1:30 Trinity Baptist Church -CR  
 Everyone Welcome



**26** **CARNIVAL WEEK**  
 9:00 Chair Dance- CR  
 10:00 Rummikub- GR  
 10:00 Movie- The Greatest Showman- Hugh Jackman- CR  
 2:00 Quarter Bingo- CR



**27** **CARNIVAL WEEK**  
 9:00 Keep it Moving Exercise- CR  
 9:30-11:30 Doctor Appts- B  
 10:00 Men's Coffee & Donuts- DR  
 10:00 Sisterhood Fellowship- GR  
 1:30 Stretching Class- CR  
 2:30 Country Drive- B  
 Nurse Practitioner Visits

**28** **CARNIVAL WEEK**  
 9:00 Fit & Fun Exercise- CR  
 10:00 Carnival Games- GR  
 11:00 Catholic Service- CR  
 2:00 Prize Bingo- CR  
 3:00 Coffee & Conversation- LIB  
 3:00 Puppy Parade- CY

**29** **CARNIVAL WEEK**  
 9:00 Keep it Moving Exercise- CR  
 10:00 Rummikub- GR  
 10:00 Shop Popshelf- B  
 1:30 Relax & Breathe- CR  
 3:00 Magician Rodney Kelley- DR

**30** **CARNIVAL WEEK**  
 9:00 Fit & Fun Exercise- CR  
 10:00 Rummikub- GR  
 10:30 Watercolor Therapy- CR  
 3:00 Ms. Fountains of Franklin Pageant- TBA

