

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST

* All activities subject to change.

KEY CODES:

B- Bus
CR- Community Room
CS- Creation Station

FP- Front Porch
DR- Dining Room
FL- Front Lobby
GR- Game Room
PR- Pool Room

BREAKFAST 7:00 - 8:30 am
LUNCH 12:00 - 1:00 pm
DINNER 5:00 - 6:00 pm



1
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:00 Meals on Wheels
Napkin Rings- CR
2:00 Quarter Bingo- CR

2
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
2:30 Country Drive- B
Nurse Practitioner Visits

3
9:00 Fit & Fun Exercise- CR
10:00 Brain Games- GR
11:00 Catholic Service- CR
2:00 Prize Bingo CR
3:00 Coffee & Conversation- LIB

4
9:00 Keep it Moving Exercise- CR
9:30 Jim's Produce- FL
10:00 Rummikub- GR
10:00 Publix/Walgreens- B
3:00 Games- CR

5
8:00 WAKM- Radio Show
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:30 Watercolor Therapy- CR
3:00 Fountains Family Feud- CR

6
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

7
1:30 Church of the Advent
Episcopal Church -CR
Everyone Welcome

8
9:00 Chair Dance- CR
10:00 Rummikub- GR
2:00 Quarter Bingo- CR

9
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
Nurse Practitioner Visits

10
9:00 Fit & Fun Exercise- CR
10:00 Brain Fit- GR
11:00 Catholic Service- CR
2:00 Prize Bingo- CR
3:00 Coffee & Conversation- LIB

11
9:00 Keep it Moving Exercise- CR
10:00 Rummikub- GR
10:00 Walmart- B
10:30 Watercolor Therapy- CR
1:30 Relax & Breathe- CR
3:00 Social Hour- Brian Hanson- DR

12
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:45 Out to Lunch- O'Charley's- B
3:00 Ice Cream Float Social- CR

13
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

14
1:30 Church of Christ - CR
Everyone Welcome
2:00 Sunday Movie- PR
"Elvis Movie"

15 HAWAIIAN WEEK
9:00 Chair Dance- CR
10:00 Rummikub- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

16 HAWAIIAN WEEK
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
Nurse Practitioner Visits

17 HAWAIIAN WEEK
9:00 Fit & Fun Exercise- CR
10:00 Brain Games- GR
11:00 Catholic Service- CR
12:00 Hawaii Luau Lunch- DR
2:00 Prize Bingo- CR
3:00 Hula Dancing w/ Katheryn-CR

18 HAWAIIAN WEEK
9:00 Keep it Moving Exercise- CR
9:30 Jim's Produce- FL
10:00 Dollar Tree- B
10:00 Rummikub- GR
10:30 Art/Paint Class- CR
3:00 Social Hour-Elvis Tribute Artist-
Ryan Collingwood- DR

19 HAWAIIAN WEEK
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
3:00 Hawaii Social- CR

20
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

21
1:30 Franklin First Methodist - CR
Everyone Welcome

22
9:00 Chair Dance- CR
10:00 Rummikub- GR
2:00 Quarter Bingo- CR

23
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
7:00 Dr. Hutchings-Caregiver
Seminar-DR
Nurse Practitioner Visits

24
9:00 Fit & Fun Exercise- CR
10:00 Brain Fit- GR
11:00 Catholic Service- CR
2:00 Prize Bingo- CR
3:00 Coffee & Conversation- LIB

25
9:00 Keep it Moving Exercise- CR
10:00 Rummikub- GR
10:00 Publix/Walgreens- B
10:30 Watercolor Therapy- CR
1:30 Relax & Breathe- CR
3:00 Social Hour- Philip Valdez- DR

26
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:45 Out to Lunch-Nashville Pizza
Company- B
3:00 Birthday Club Social- CR

27
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

28
1:30 Trinity Baptist Church -CR
Everyone Welcome
2:00 Sunday Movie- PR
"Thicker Than Water"
Melissa Gilbert, Lindsay Wagner

29
9:00 Chair Dance- CR
10:00 Rummikub- GR
2:00 Quarter Bingo- CR

30
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
Nurse Practitioner Visits

31
9:00 Fit & Fun Exercise- CR
10:00 Brain Games- GR
11:00 Catholic Service- CR
2:00 Prize Bingo- CR
3:00 Coffee & Conversation- LIB

HAPPY BIRTHDAY!

8/2 Aline Wesley **8/20** Louise Walker
8/6 Elaine Dickson **8/21** Myrtle Patterson
8/9 Kathe Sexton **8/25** Billy Wilhite
8/16 Bobbie Krieger **8/27** Alberta Miller

HAPPY ANNIVERSARY!

8/8/1958
Robin & Madelyn Young